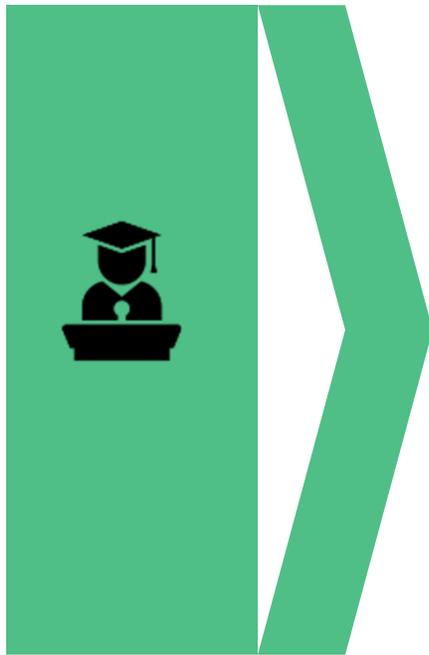




Parental Control Tutorial



Agenda

- Introduction
- What do we want to Protect?
- Basic Protection
- Recommended Products
- Netflix, Google and Youtube settings
- Movies Ratings
- Questions

Our parental responsibility

1. To protect them from evilلحمايتهم من الشر....
2. To sow in them the seeds of righteousness
لزرع بذور البر



Now, my beloved, understand that you have received your children from the holy, pure, and spiritual Baptism, and that He will ask you about them, if you neglect them and their discipline and their restoration from unacceptable circumstances.

فالآن يا أحبائي إعلموا أنكم
تسَلَّمْتُم أولادكم من
المعمودية المقدسة الطاهرة
الروحانية، وأنه يطالبكم بهم
إذا غفلتم عنهم وعن
تأديبهم وردهم عن الأمور
غير المرضية.

Guard your children, and keep them from going to unsuitable places, so that the Lord may guard them from satanic temptations. Sow in them beautiful qualities. Sow in them righteousness and praise. Sow in them purity. Sow in them obedience, love and holiness.

احتفظوا بأولادكم ولا تمكنوهم من المضي إلى الأماكن غير المرضية، كي يحرسهم الرب من التجارب الشيطانية. ازرعوا فيهم الخصال الجميلة. ازرعوا فيهم البر والتسبيح. ازرعوا فيهم الطهارة. ازرعوا فيهم الطاعة والمحبة والقداسة. ازرعوا

Protecting our children

When kids leave the house, we always ask:

- 1. Where are you going?**
- 2. Who will you be spending time with?**
- 3. How long will you be out?**



What if their response was ...

- I'm going to an adult club/disco
- I'll be with some random friends of my friends that I don't know very well
- I'll be back by 3AM in the morning



The Internet is a door to the world



The enemy is using it to plant seeds of corruption, sexual immorality and evil in the minds of very young children!!

Spiritual War

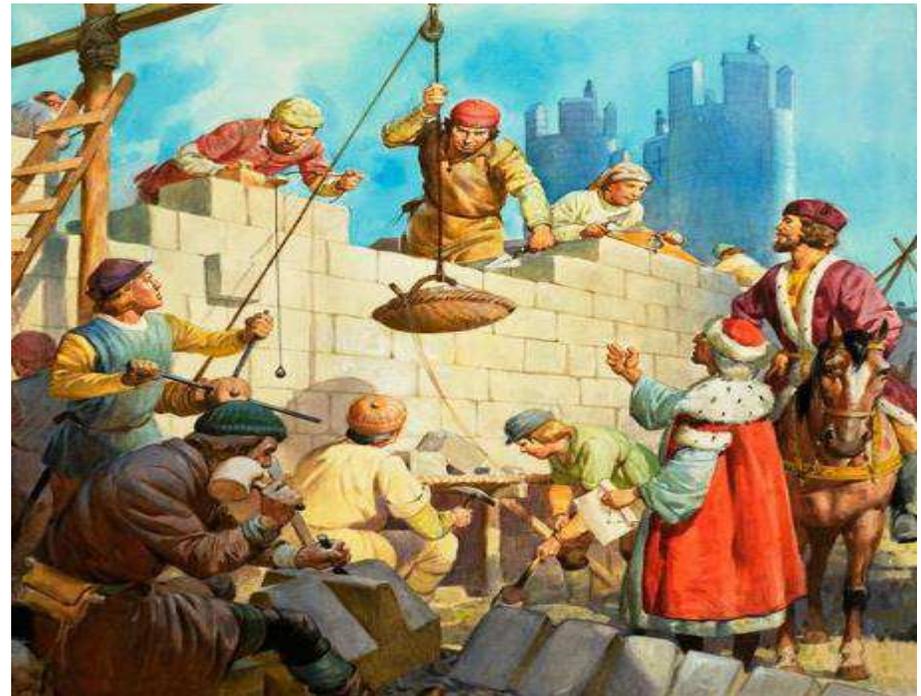
12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual *hosts* of wickedness in the heavenly *places*.



12 فَكِفَاحُنَا لَيْسَ ضِدَّ بَشَرٍ، بَلْ ضِدَّ الْحُكَّامِ
وَالسُّلْطَاتِ وَالْقُوَى الْكُونِيَّةِ فِي ظُلْمَةِ هَذَا الْعَالَمِ،
وَضِدَّ الْقُوَاتِ الرُّوحِيَّةِ الشَّرِّيرَةِ فِي الْعَالَمِ السَّمَاوِيِّ.

Nehemiah

**But Nehemiah didn't only pray for protection from his enemies; He also built a wall and held a weapon
This presentation is on HOW TO BUILD A WALL!**



The 2 Main Challenges of Internet

1- Easy access to some very dangerous content

2- Addictive – too much screen time does this:



**HAZARDS OF
TOO MUCH
SCREEN TIME**

Being a couch potato is just the tip of the iceberg. Excessive use of TV, video games, and movies is associated with all sorts of problems for kids:

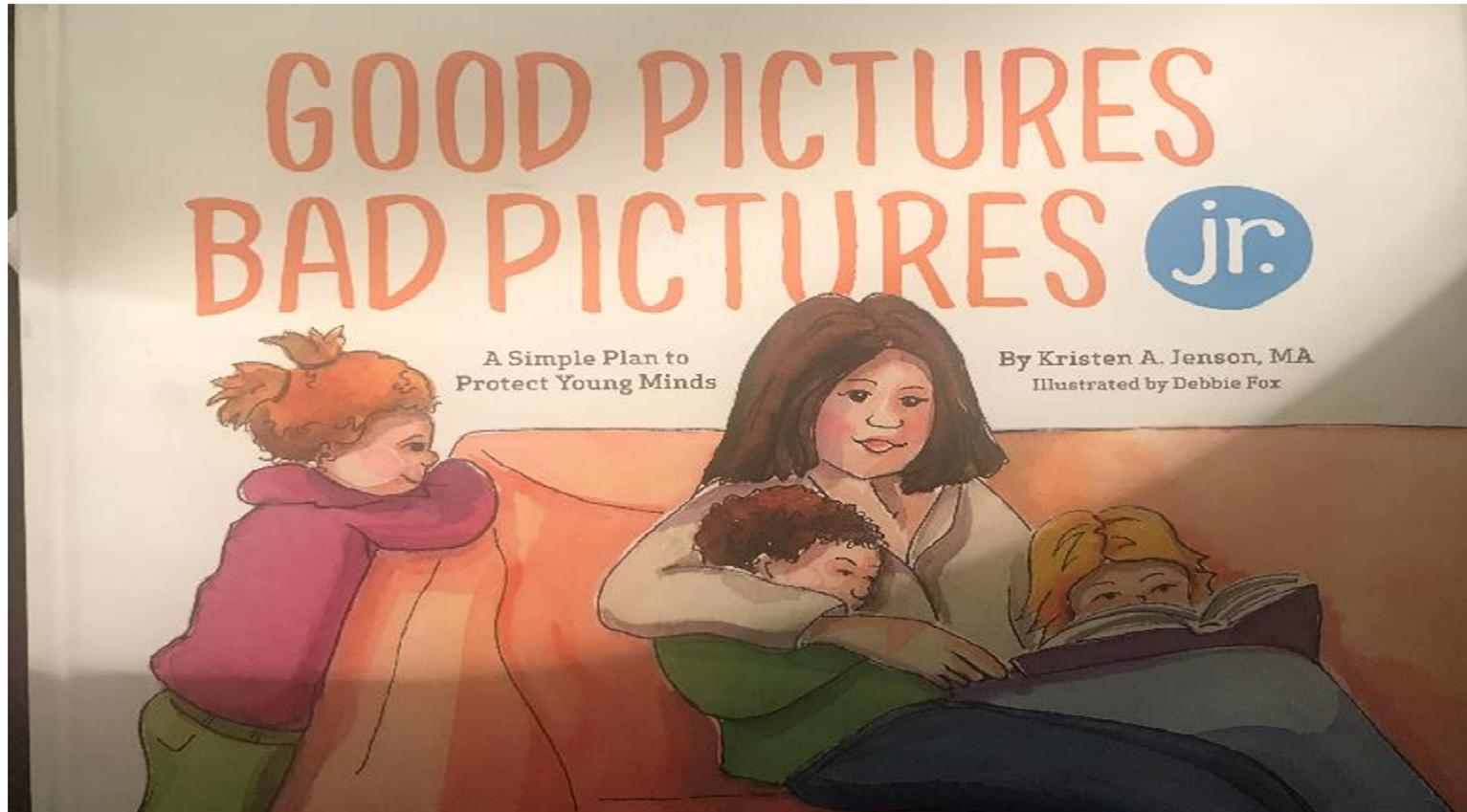
- Poor performance in school
- Lower reading scores
- Disturbed sleep patterns
- Junk food consumption
- Unhealthy body weight
- Violent behavior

Parenting in the 21st Century

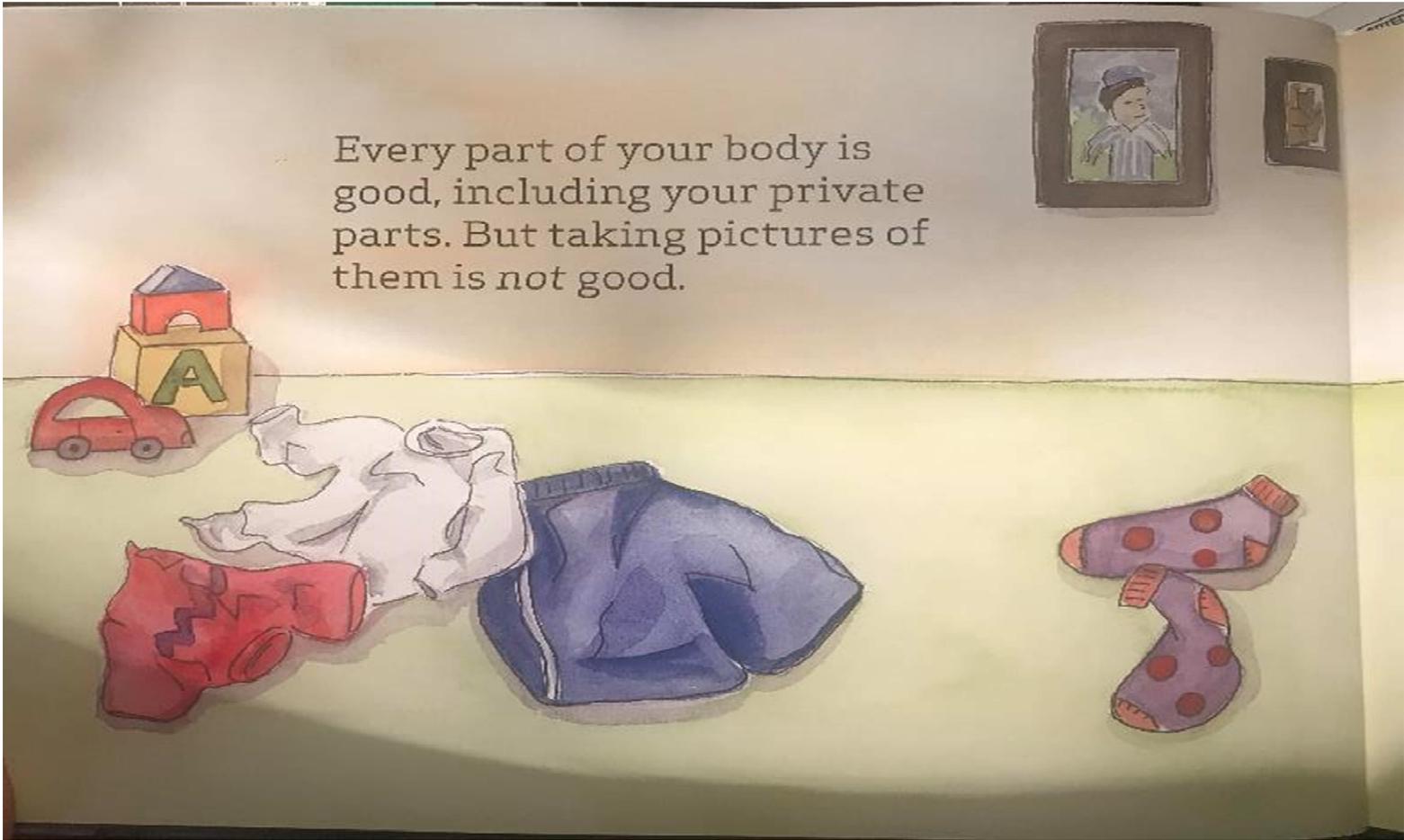
1. We need to be aware of their activities, both online & offline
2. We need to talk with them honestly about the benefits, and dangers of the internet
3. We need to protect them from bad influences, bad websites, and help them to set proper time-limits with parental controls

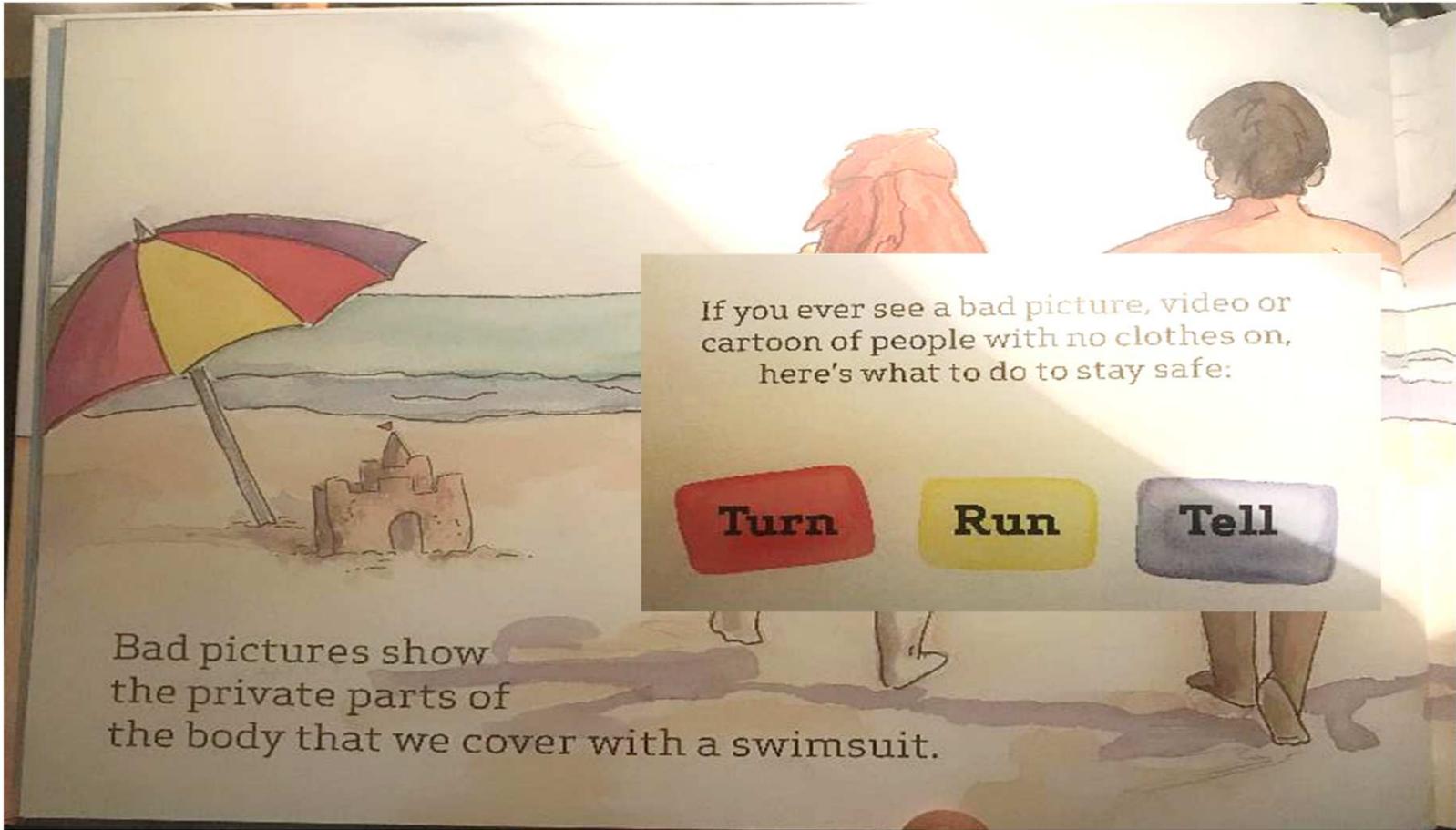
Note: Parental controls (“walls”) cannot replace talking with them/coaching them

A book you can read with your kids



Every part of your body is good, including your private parts. But taking pictures of them is *not* good.





If you ever see a bad picture, video or cartoon of people with no clothes on, here's what to do to stay safe:

Turn

Run

Tell

Bad pictures show the private parts of the body that we cover with a swimsuit.

But that's not today's focus! Today's focus is on:

Parental Control Software

What do we want to protect?

**Internet Access
Control Solutions
(Screen Time
management)**



**When to access
the internet?**

**Internet Filtering
Solutions**



**What to access
in Internet**

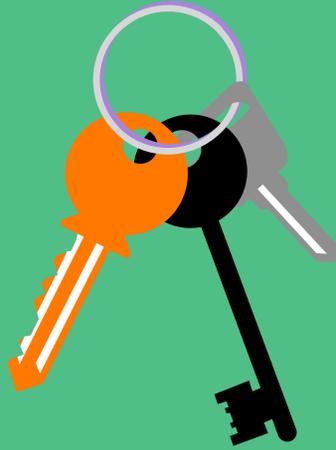
**Customized Access
to Apps**



**What apps to access
on handheld devices**

We will talk about 3 different solutions

	Basic + Opendns	Mcafee	Circle Disney
Screen Time management	Yes (manual)	Yes	Yes
Internet Filtering	Yes (opendns)	Yes (No Apple devices)	Yes
Control everywhere	No (only at home)	Yes	No (only at home) Or with an add-on app
Apps Control	No	Yes	Blocks internet Access to known apps
Knowledge level	Advanced	Moderate	Beginner
Price	Free	CAD 129.99/year CAD 12.99/month	Circle – onetime: CAD125 Add Circle Go \$5/ month (to manage the devices everywhere)



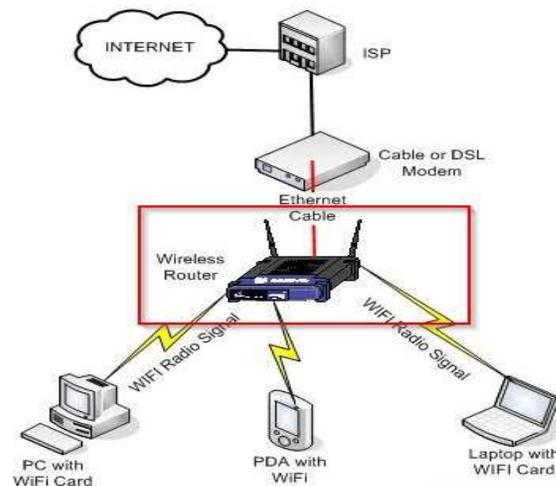
1. Basic Access Control + opens

1- Home Router Access Control (Screen Time management)

Advanced

Using your Bell Canada (or your current ISP) router configuration tool to create a schedule for each family member on when to access internet

How it can be done?



Bell support

Search support



How can we help you with your services today?

Mobility



Trending topics:

- Unlock your Bell device
- MyBell app
- Viewing your mobile usage
- Using your phone outside Canada
- Topping up your prepaid account

Visit Mobility support

TV



Trending topics:

- Find a Channel
- Change your programming
- Troubleshooting FiBe TV
- Troubleshooting Satellite TV
- Learning about CraveTV

Visit TV support

Internet



Trending topics:

- Run a speed test
- Access modem settings (when at home)
- Find your Bell Internet user ID (b1) and password
- Using Bell email
- Installing McAfee Security on your computer

Visit Internet Support

Home phone



Trending topics:

Billing & accounts



Trending topics:

Move your services



Trending topics:



Internet

Search support



Overview

Modem and Wi-Fi

Bell email

Internet security

Internet usage

Self-serve options

Overview



Select a modem to learn how to best take advantage of your service and troubleshoot common problems.

Select a modem

Wi-Fi



- Optimize and troubleshoot your Wi-Fi network
- Bell internet speed test
- How to configure the Wi-Fi network on my modem
- How to connect a computer to my wireless network
- How to find or change my Wi-Fi network name and password

Modem setup and Internet usage



Troubleshooting



Webmail and Bell Mail Suite





Select a modem



Home Hub 3000



Home Hub 2000



Home Hub 1000



2Wire 2701

- [How to find my username for MyBell](#)
- [I forgot my MyBell username](#)
- [I forgot MyBell email address](#)
- [I forgot MyBell password](#)

Modem setup and Internet usage

in / Register



serve options

easy





Home Hub 2000

With the best home Wi-Fi technology, wireless AC, you'll get the best Wi-Fi coverage, the fastest in-home speeds and easy management of who gets the Internet and when.

Not the right modem?

Select another modem

Manage your account online (MyBell)



- [How to find my username for MyBell](#)
- [I forgot my MyBell username](#)
- [I forgot MyBell email address](#)
- [I forgot MyBell password](#)

Modem setup and Internet usage



- [How to connect a USB device to my Home Hub 2000 \(Mac\)](#)
- [How to connect a USB device to my Home Hub 2000 \(Windows 7\)](#)
- [How to connect a USB device to my Home Hub 2000 \(Windows XP\)](#)
- [How to update my Bell Internet user ID and password on my Home Hub 2000 modem](#)
- [How to set or change the administrator password on my Home Hub 2000 modem](#)
- [How to set up password recovery on my Home Hub 2000 modem](#)
- [How to retrieve the administrator password on my Home Hub 2000 modem](#)
- [How to create access controls on my Home Hub 2000 modem](#)
- [How to find my Bell Internet user ID \(b1 number\)](#)
- [Set up Internet usage notifications](#)
- [Track your Internet usage](#)
- [Internet usage estimator](#)
- [Common error messages when browsing the Internet](#)
- [What are online usage notifications?](#)

Create a schedule

By creating a schedule, you can specify time periods when particular devices cannot access the Internet.

1. Open your web browser and visit bell.ca/homehub (or **192.168.2.1**).
2. From the home screen, click on **Access control**.
3. Click the **Create a new schedule** button.
4. Give the schedule a name.
5. From the list of available devices, select the ones that you want to apply this schedule to.
Note: A device must have connected to your network at least once for it to show up in the list.
6. Click the **Apply** button.
7. A calendar will appear. Select the start and end times as well as the days of the week during which you want the blocked access to be in effect.
8. Click the **Apply** button.
9. Click the **Save** button.

Home Hub 2000

Basic view

Advanced view

Need help?



Fibe Internet



Fibe TV



Network



Manage my Wi-Fi



View my Internet usage

Primary

ON

2.4 GHz - Network name (SSID):

Password:

5 GHz - Network name (SSID):

Password:

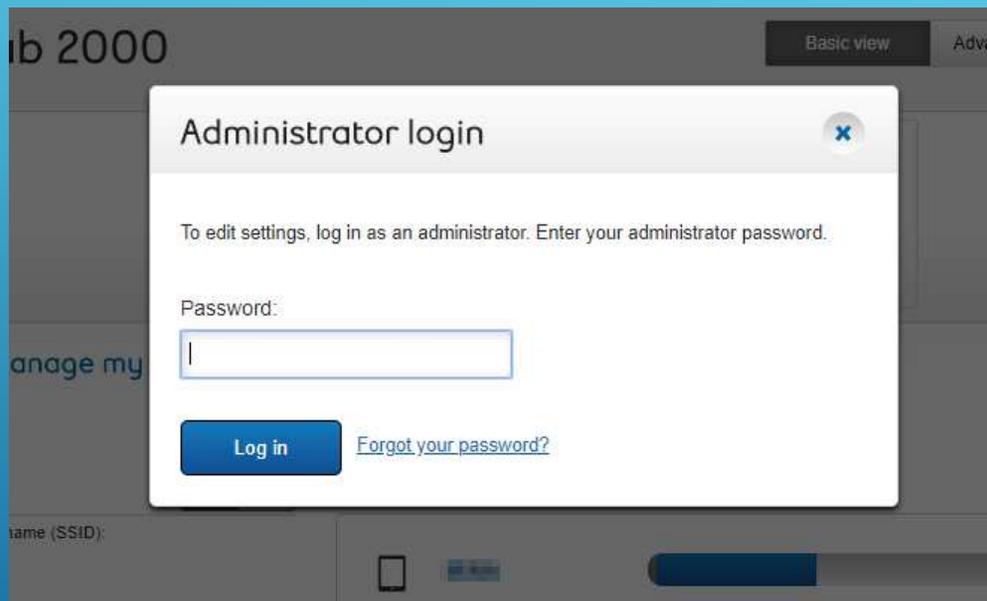
Guest

OFF

Network name (SSID):

Device

	[blurred]	34.05%
	[blurred]	25.13%
	[blurred]	15.29%
	[blurred]	14.80%
	[blurred]	8.61%



Manage my devices

Home



[Device Name]

Forget

Settings

Access control

Disconnected Show All [Lock Icon]

Access control **ON**

Current status [Lock Icon]

Marcos
IP: 192.168.2.13
MAC: 60:6d:c7:48:b4:3b

Block device
ALWAYS **SCHEDULED**

Always block internet access for this device, either all the time or for specific days and times.

Clear schedule

AM

PM

	12	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11	12
M	[X]																								
T	[X]																								
W	[X]																								
T	[X]																								
F	[X]																								
S	[X]																								
S	[X]																								

[USB Icon] [Wi-Fi Icon] RESET

Device: Permitted Restricted

2- opendns configuration

Advanced

- **OpenDNS Family Shield allows you to all block adult content by changing the DNS server on your devices and/or router at home. It should only take a few minutes to set up – Need advanced user**
 - **You can add this config to your Wireless router so it will be applied automatically to all devices connected at home.**
- <https://www.opendns.com/setupguide/>







2. McAfee – family safe

Moderate

Family Safe features

- **See what your kids are up to at a glance**
- **Set rules and time limits for apps and websites**
- **Know where your kids are at all times**
- **Family Request makes the rules flexible**

ACTIVITY FEED


Android


iOS


Windows PC

App Usage Activity



Web Usage Activity



Location Alert History



System Alert History



List of installed apps on kid's device



PARENTAL CONTROLS


Android


iOS


Windows PC

App Blocking	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Website Filtering	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Screen Time Management	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Block download of new apps	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Block in-app purchase	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Digital Time-Out	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

FAMILY REQUESTS (Not supported on IOS. [Find out why >](#))


Android


iOS


Windows PC

Receive kid's permission request to access blocked apps



Receive kid's permission request to access blocked websites



FAMILY LOCATOR


Android


iOS


Windows PC

Locate your kids on an interactive map



Receive your kid's checked-in alert



Receive an automatic alert when kids arrive or leave a known place





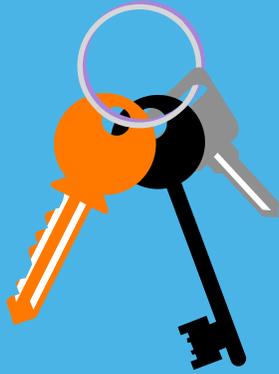
PRICE???

\$129.99/year
\$12.99/month

But

- **Price might be high**
- **But it controls mostly everything**
- **Know where your kids are**
- **Lock apps**
- **Set schedules for use**
- **Kids can request parents approval for a blocked app**





3. Circle Disney

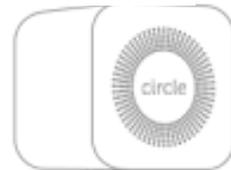
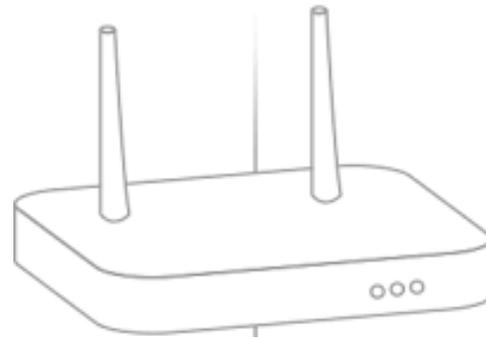
What Is Circle Home?

Beginner

- **Circle pairs with your home Wi-Fi and lets you manage every connected device on your network, both wireless and wired, without ever needing to put software on them**
- **<https://www.opendns.com/setupguide/>**

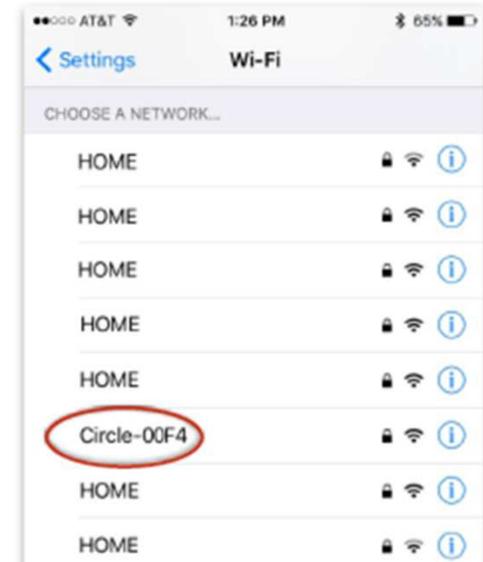


How it works?



Setting up - Pairing Circle to Your Wi-Fi

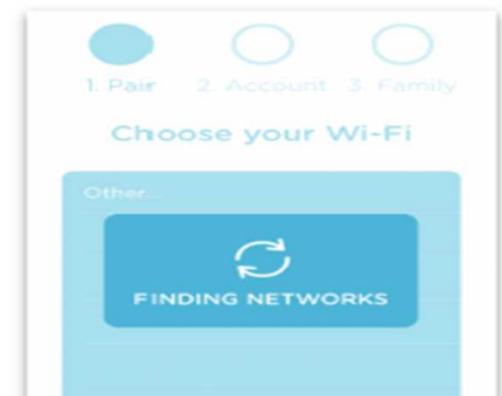
1. Go to the Wi-Fi settings
2. From the list of available networks, select the “Circle-XXXX” (i.e. Circle-00F4) network.
3. Enter the password “mycircle” to join.



Setting up - Pairing Circle to Your Wi-Fi

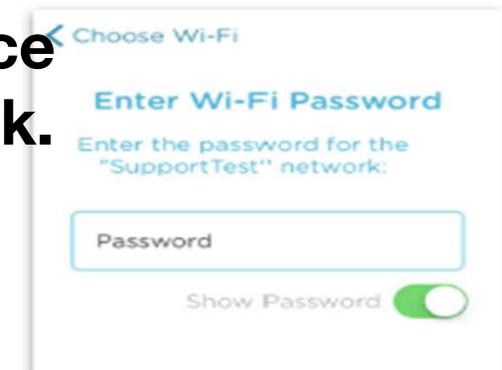
Find Your Home Wi-Fi

1. Return to the Circle app.
2. Select your home Wi-Fi network.



Enter your Wi-Fi password

1. Enter in the password for your network .
2. Return to Settings > Wi-Fi on your device and reconnect to your home Wi-Fi network.



Setting up – Create Circle Account

1. Pair 2. Account 3. Family

Account Details

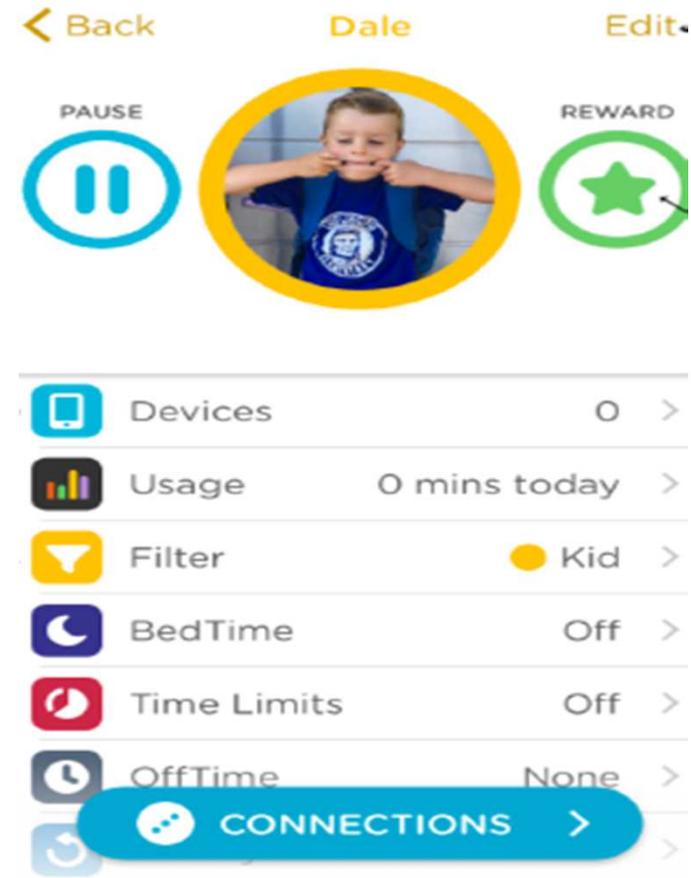
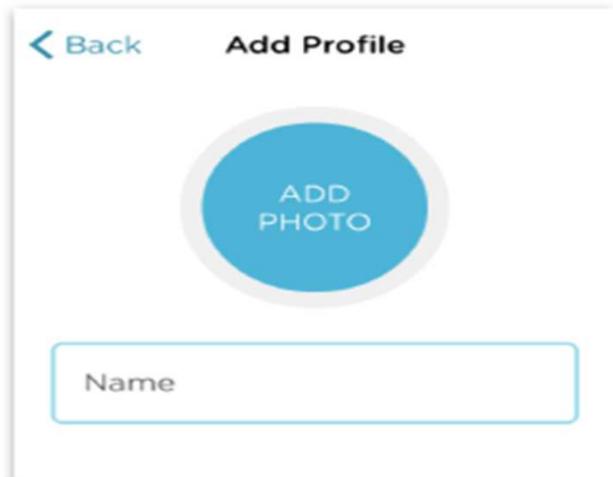
Name

Email

Provide your name and email for our records and any support assistance needs.

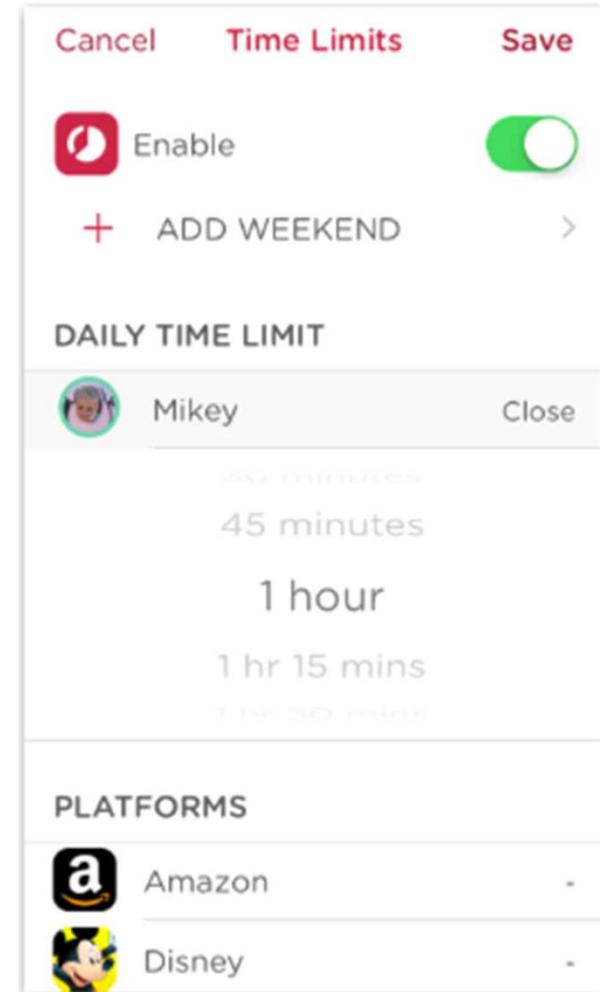
CONTINUE

Setting up Your Family



Circle Features – Time Limit

- **Daily Time Limit**
- **Category and Platform Time Limits**
- **WeekEnd Limits**



Circle Features – Bed Time

Cancel **BedTime** Save

WEEKNIGHT

 Enable

M **T** **W** **Th** F Sa **Su**

BedTime 6:30 PM Awake 8:00 AM >

WEEKEND

 Enable

M T W Th **F** **Sa** Su

BedTime 8:00 PM Awake 9:00 AM >

Circle Features – Off Time

Cancel OffTime Save

Homework

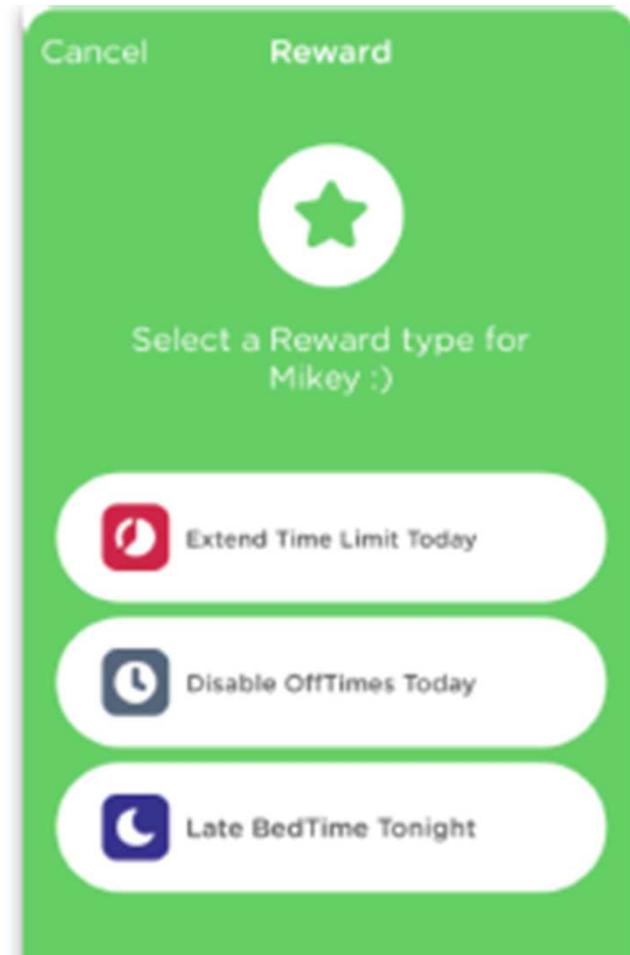
M T W Th F Sa Su

Start End

3:00 PM 5:00 PM >

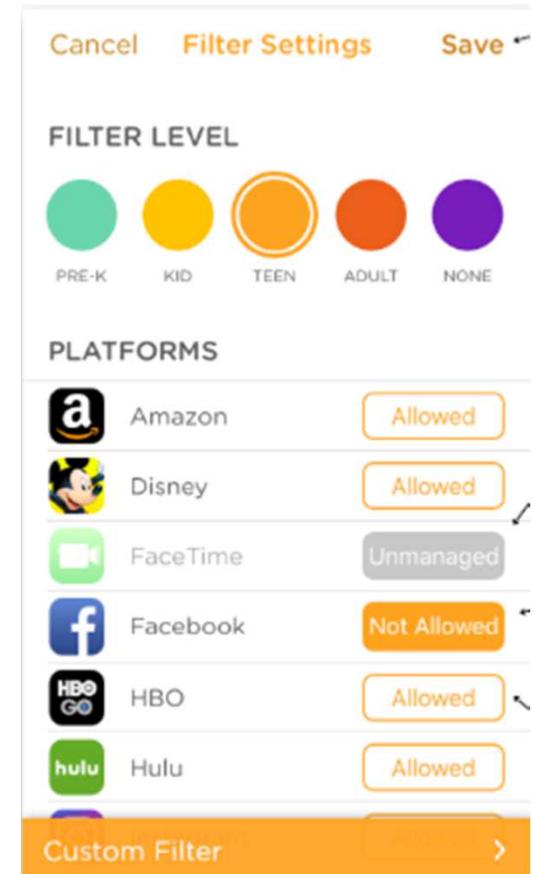
ADD OFFTIME

Rewards

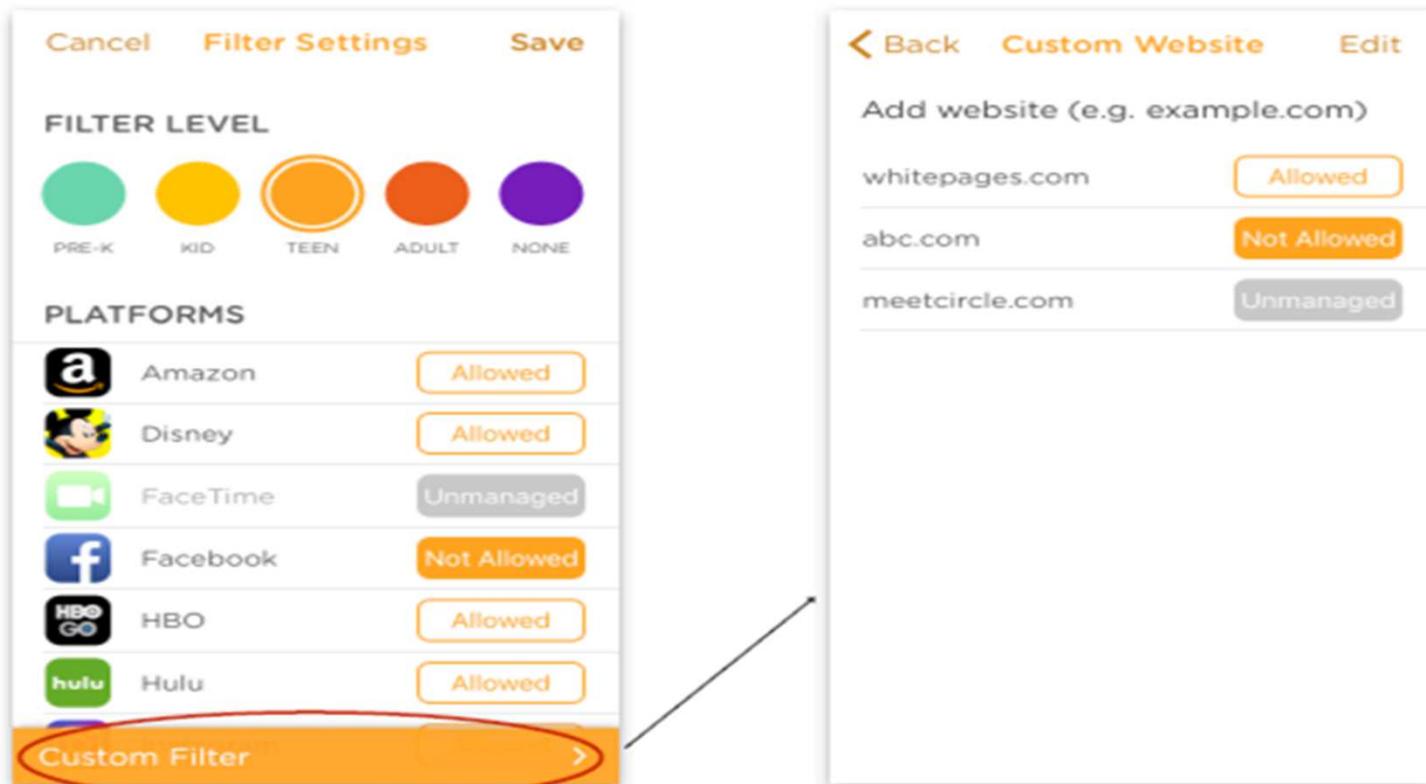


Circle Features - Filter Settings

- Allowed**
- Able to access this category, or website except during Pauses, BedTimes**
- Not Allowed**
- Never be able to access this category, or website.**
- Unmanaged**
- Always be able to access regardless of BedTimes or Pauses.**



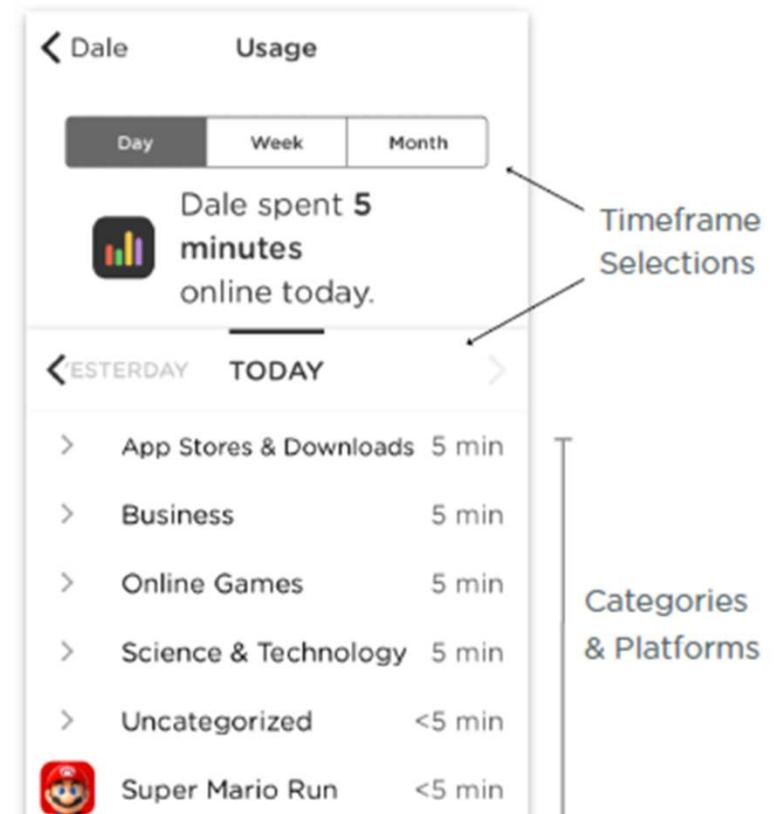
Circle Features - Custom Filter



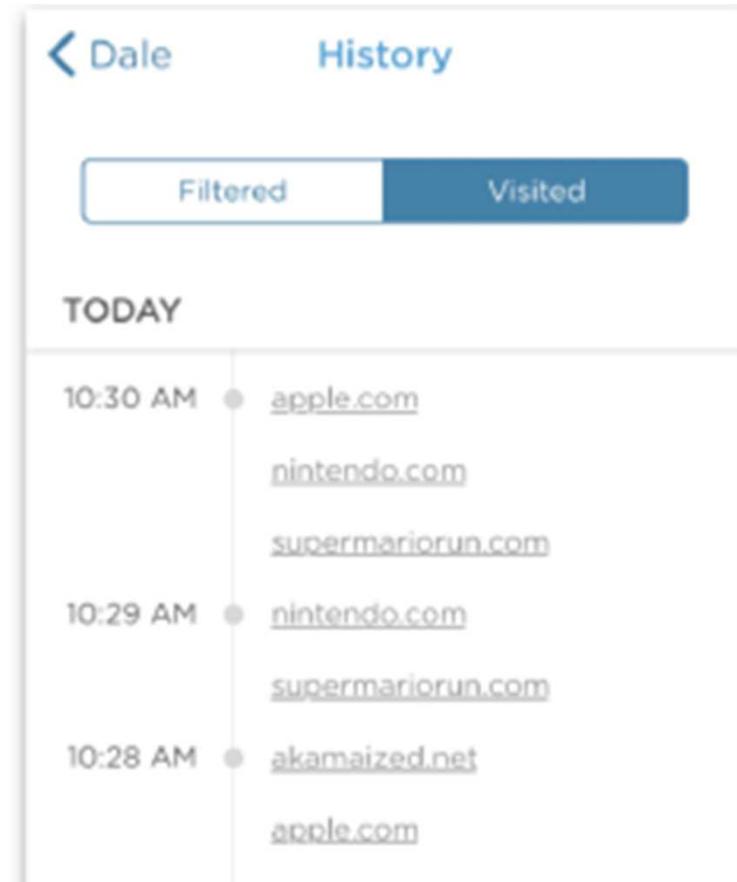
Filter Privacy and Safety Settings

- **Ad Blocking**
- **Filters out online advertising. This may eliminate many (not all) ads from websites that you visit.**
- **Safe Search**
- **Eliminates sexually-explicit content from search results in Google and Bing. When it is enabled, searching on Yahoo will be unavailable.**
- **YouTube Restricted**
- **YouTube Restricted mode activates the restricted content mode provided by YouTube.**

Circle Features - Usages



Circle Features – History



Circle Go

Beginner

- **Circle Go extends all of Circle's settings on your home Wi-Fi to your kid's mobile device 4G connections, and any other Wi-Fi network they join.**
- **Circle Go price is CAD 6.50 per month**
- **You will need to install the Circle app on your family devices**



Review of the 3 different solutions

	Basic + Opendns	Mcafee	Circle Disney
Screen Time management	Yes (manual)	Yes	Yes
Internet Filtering	Yes (opendns)	Yes (No Apple devices)	Yes
Control everywhere	No (only at home)	Yes	No (only at home) Or with an add-on app
Apps Control	No	Yes	Blocks internet Access to known apps
Knowledge level	Advanced	Moderate	Beginner
Price	Free	CAD 129.99/year CAD 12.99/month	Circle – onetime: CAD125 Add Circle Go \$6.5/ month (to manage the devices everywhere)

Other software's in the market

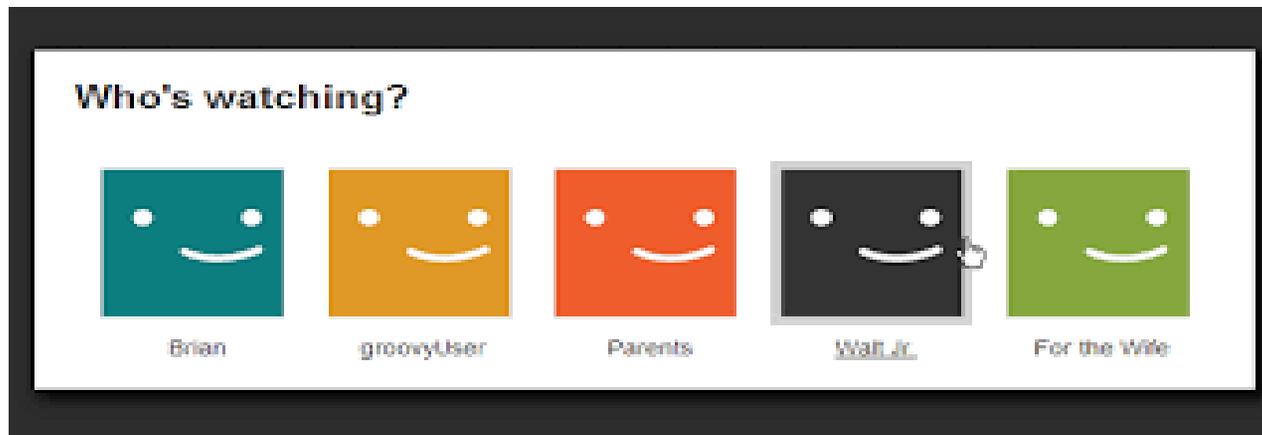
- **Netnanny**
 - Good for computers or laptops – need high IT skills
- **Kidslox and Mobicip**
 - Parental control apps for tablets and phones only
 - Works everywhere (outside home)
 - Block Apps
- **And a lot others..... (symantec, qustodio, etc..)**



Netflix

Parental control in Netflix

- **How do I set parental controls on my Netflix account?**
https://help.netflix.com/en/node/264?ui_action=kb-article-popular-categories
- **Create different profiles with a different maturity level**



Parental control in Netflix

- **Set your PIN protection level from the following options:**
 - Little Kids - ALL
 - Older Kids - 7+, some 13+
 - Teens - 13+
 - Adults - 16+, 18+

- **Now you can set a PIN to restrict viewing of a specific TV show or movie**



Google search

(Circle device or others may have the ability to enforce Safe Search and Restricted modes but if you don't have this protect what to do?)

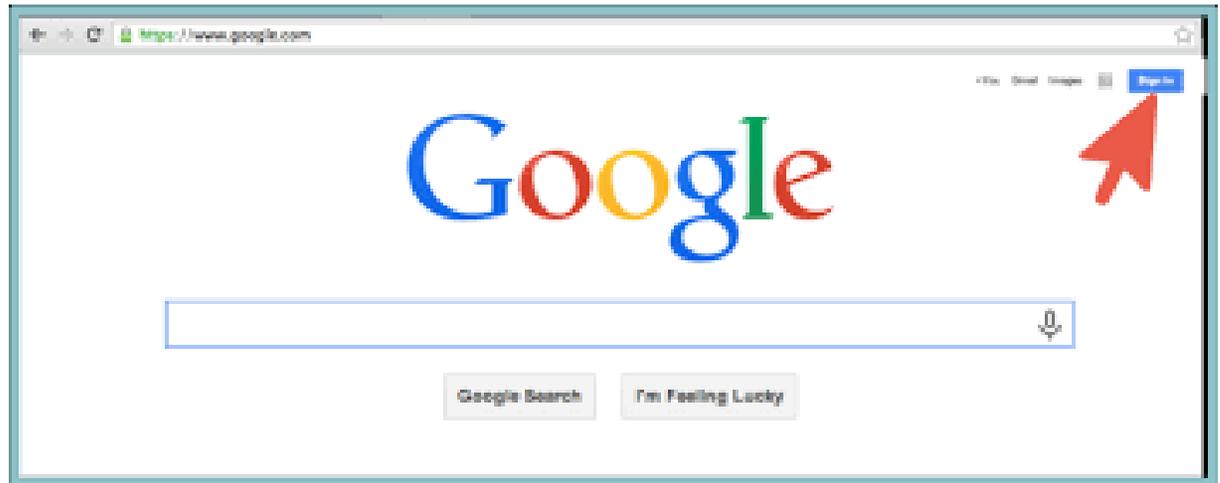
Lock Safe Search

- Google images can be a death trap.
- Safe Search ignores any keywords that are porn-specific. You can lock SafeSearch on your Google account.

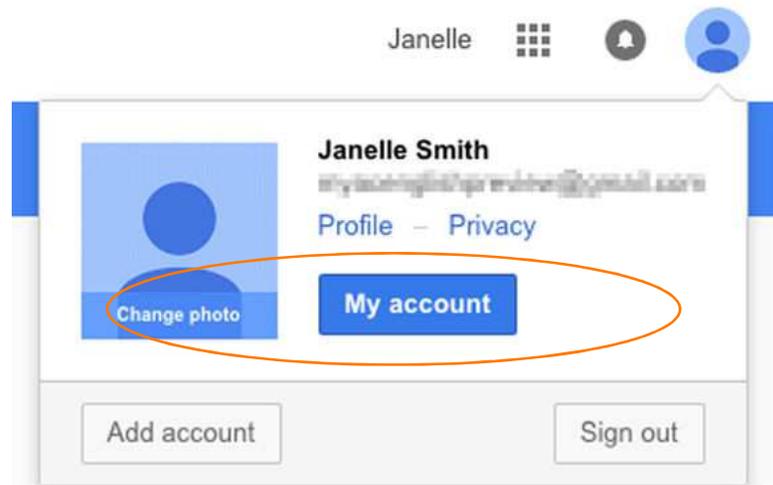
<https://www.youtube.com/watch?v=ZNbHGrGJu8Q>

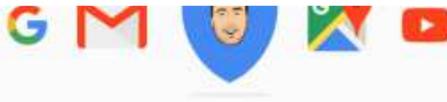
<https://support.google.com/websearch/answer/510>

**Sign in with
your
account**



**Click My
account**





Welcome, Kirk McElhearn

Control, protect, and secure your account, all in one place

My Account gives you quick access to settings and tools that let you safeguard your data, protect your privacy, and decide how your information can make Google services work better for you.

Sign-in & security >

Control your password and account-access settings.

- [Signing in to Google](#)
- [Device activity & notifications](#)
- [Connected apps & sites](#)



Security Checkup

Protect your account in just a few minutes by reviewing your security settings and activity.

[GET STARTED](#)

Last checkup: November 12, 2015

Personal info & privacy >

Manage your visibility settings and the data we use to personalize your experience.

- [Your personal info](#)
- [Activity controls](#)
- [Ads settings](#)
- [Account overview](#)
- [Control your content](#)



Privacy Checkup

Take this quick checkup to review important privacy settings and adjust them to your preference.

[GET STARTED](#)

Last checkup: November 12, 2015

Account preferences >

Set language, accessibility, and other settings that help you use Google.

- [Language & Input Tools](#)
- [Accessibility](#)
- [Your Google Drive storage](#)
- [Delete your account or services](#)

Click manage settings

Gender	Male	>
About me	Edit what others see about you	>
Google+ settings	Manage settings	>
Shared endorsements	Enabled	>
Location Sharing	You are not sharing	>
Search settings	Manage settings	>



Search Settings

Search results

Languages

Location

Help

SafeSearch filters

How much explicit sexual content (web pages, images, and videos) should **SafeSearch** filter from your results?

Lock SafeSearch

No filtering Moderate Strict

Google Instant

When should we show you **results as you type**?

- Only when my computer is fast enough.
Instant is currently on for web search. Manually change it below.
- Always show Instant results.
- Never show Instant results.

Results per page

Google Instant shows 10 results.



[Back to Search settings](#)

Lock SafeSearch

Locking SafeSearch sets SafeSearch to use strict filtering and restricts the ability of users to change this preference. Strict filtering filters both explicit text and explicit images from your search results. [Learn more](#)

5



Lock SafeSearch

Cancel

Web Images Videos Maps News Shopping Mail more ▾

Google Games Search Advanced Search

[SafeSearch](#) Search: the web pages from the UK

Web Show options... Results 1 - 10 of about 997,800,000 for **Games [definition]** with SafeSearch on. (0.19 seconds)

Free online games Sponsored Link
[www.google.co.uk/g](#) Play fun video games on your Google homepage

Play Games - Free Online Games at AddictingGames!
Play over 3000 free online games including arcade games, puzzle games, funny games, sports games, shooting games, and more! New free games every day at —
[Shooting](#) - [Bubble Shooter](#) - [Puzzle](#) - [Adventure](#)
[www.addictinggames.com](#) - Cached - Smile

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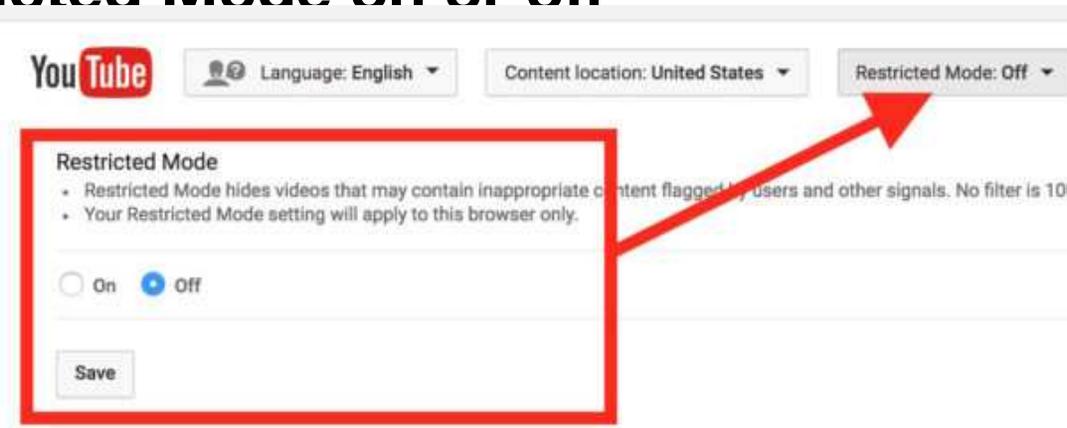


Youtube

Enable you tube restricted mode

Turn Restricted Mode on or off

1. Go to th
2. Click Re
3. In the di
mode to



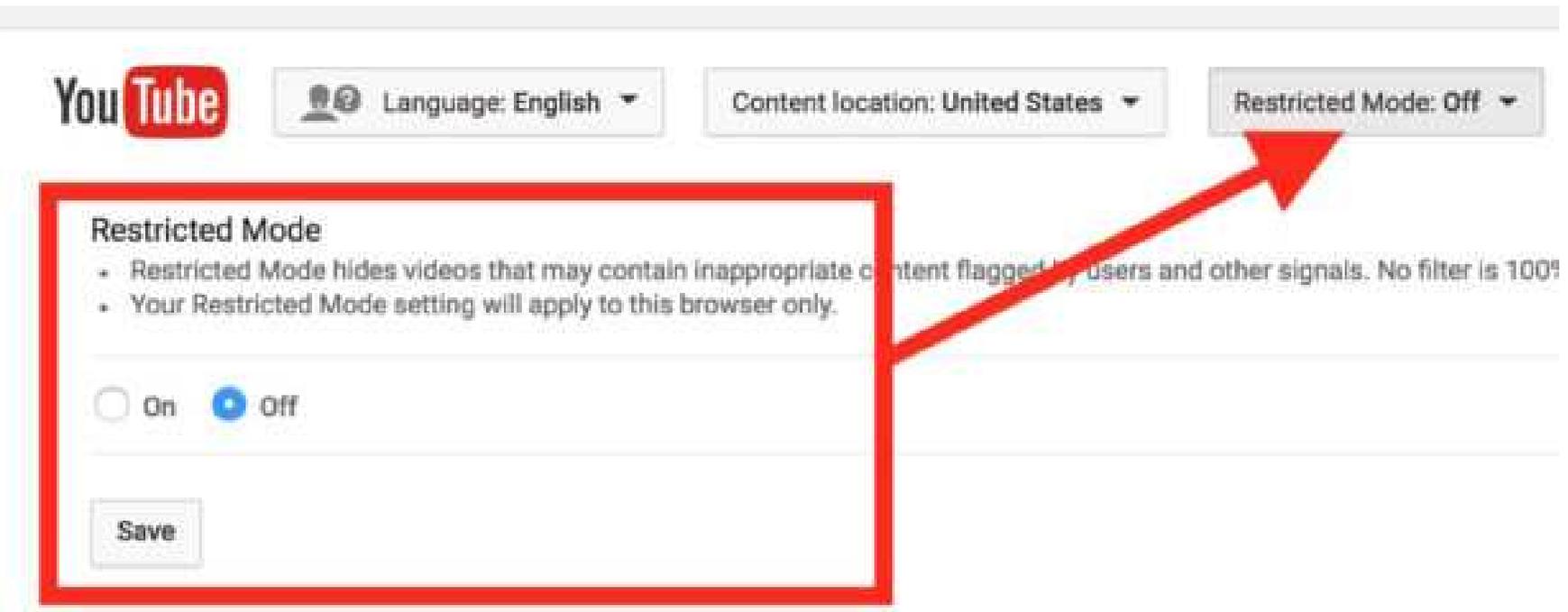
<https://www.safe>

<https://support.google.com/youtube/answer/174084>

sted

3jY

Enable you tube restricted mode



The image shows the YouTube settings interface. At the top, there are three dropdown menus: 'Language: English', 'Content location: United States', and 'Restricted Mode: Off'. A red arrow points from the 'Restricted Mode: Off' dropdown to a detailed settings panel below. This panel is titled 'Restricted Mode' and contains the following text:

- Restricted Mode hides videos that may contain inappropriate content flagged by users and other signals. No filter is 100%
- Your Restricted Mode setting will apply to this browser only.

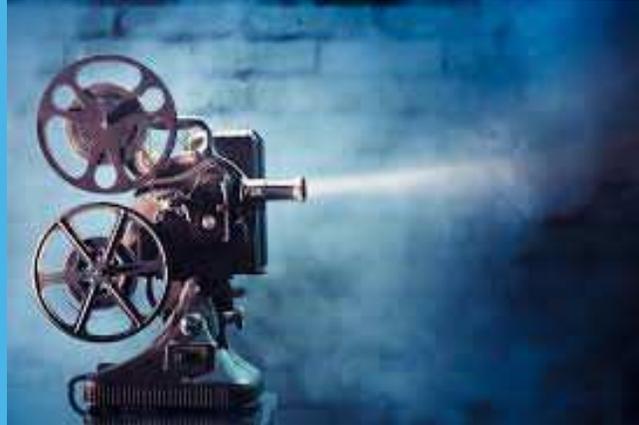
Below the text are two radio buttons: 'On' (unselected) and 'Off' (selected). At the bottom of the panel is a 'Save' button.

Important Note

If you buy a parental control device such as Circle or other parental control software's you will have the option to enable Google search as "safe" and Youtube videos as "restricted"

Which means..

You don't need to configure this settings manually as described in the previous slides.



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NEW REVIEWS - Monday 4.9.2018

OUR BRAND NEW PREMIUM SITE IS NOW ONLINE!!

For a sneak peek just go to [members.kids-in-mind.com](#). If you're a member, your current username and password should work; to access your member profile go to <https://members.kids-in-mind.com/subscribe/yourmembership.htm>.

The new site is responsive and looks and works great on tablets and smartphones, thereby eliminating the need for a memory heavy dedicated app. We think you'll like it.

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Jumanji [1995] - 1.5.3

Jumanji: Welcome to the Jungle [2017] [PG-13] - 4.5.4

Zathura [2005] [PG] - 1.5.2

SEX & NUDITY



VIOLENCE & GORE



PROFANITY



1 2 3 4 5 6 7 8 9 10

Four high school students end up together on detention and uncover an alternate reality video game. Assuming the identities of adult avatars, they enter the jungle setting of the game and try to survive and return home. With Dwayne Johnson, Kevin Hart, Jack Black, Karen Gillan, Bobby Cannavale, Nick Jonas, Alex Wolff, Ser'Darius Blain, Madison Iseman and Morgan Turner. Directed by Jake Kasdan. [1:59]

SEX/NUDITY 4

A teen girl in a woman's body is annoyed because her character in a video game is wearing a crop top and shorts in a jungle (we see cleavage, bare abdomen and legs to the thighs throughout the movie). A teenage girl poses for a selfie photo (we see her bare shoulder and bra strap). A teen girl wears a crop top that reveals her bare abdomen and cleavage.

► A man and a woman attempt to kiss but they miss each other's lips and we see their tongues sticking out; then they nearly kiss again but they are interrupted and they kiss properly later. A teen boy and a teen girl kiss.

► A teen girl in a man's body hugs a woman. A man tries to hug a woman and they miss each other, and then walk away awkwardly. Two men hug and another man points to the crotch of one of the men afterward implying that he has an erection (we do not see below the waist). A man and a woman confess their feelings for each other (e.g. "I like you," "I'm fully into you"). A teen girl in a man's body performs mouth-to-mouth resuscitation on a man.

► A man makes a comment about another man wanting to have sex with someone. A teen girl in a man's body looks at another man and says, "Now that's a man right there." A teen girl tells another teen girl, "You're a babe." A character says, "It's huge," and another character says, "That's what she said." A woman is told that she has to go flirt with two armed men to distract them; she is then instructed on how to flirt by a teen girl in a man's body. A man tells another man, "That girl is into you" and they talk about what would happen if they kiss. A teen girl in a man's body remarks about having a penis and calls out to her friend to come and see it (we do not see it). A teen girl in a man's body says that she wore a bikini to school one day because her boyfriend likes to see a little fle

VIOLENCE/GORE 5

A giant hippopotamus comes out of a river and eats a man standing on the shore (we see the man's legs sticking out of the animal's mouth, but no blood is shown); the man then falls from the sky and lands hard on the ground, alive once again. A woman holds her side and says, "I'm hit," as we see a bloody wound and she disintegrates into a splatter of blood; she then crashes to the ground from the sky, alive again and lands on top of a man. A man eats a bit of cake and after a few moments explodes; he then falls from the sky and crashes through a food kiosk and onto the ground (he says, "Ow"), alive once again. A man falls out of a helicopter and lands on the ground where he is chased by charging rhinos and trampled; he falls from the sky and is caught by a man in a helicopter who brings him on board safely. A man is pounced on by a panther and it rips in his face, and then bites him (off-camera); he falls back out of the sky landing hard on the ground. A man is stung by a mosquito (he is allergic) and falls to the ground barely breathing; another man performs CPR and mouth-to-mouth resuscitation on him until he revives.



contact us

THIS WEEK

- [A Quiet Place](#) - 2.7.0
- [Blockers](#) - 8.4.10
- [Isle of Dogs](#) - 1.5.2

LAST WEEK

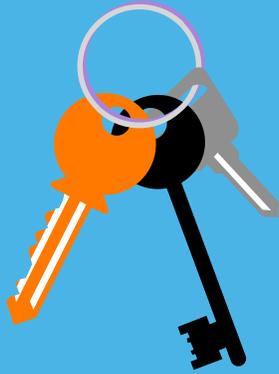
- [Tyler Perry's Acrimony](#) - 6.6.7
- [The Leisure Seeker](#) - 5.3.5

LANGUAGE 4 - 1 sexual reference, 6 scatological terms, 18 anatomical terms, 18 mild obscenities, name-calling (freak house, hard core, suckers, lamest, stupid, living garden gnome, annoying kid, dumb, judgie, self-absorbed, killer of men, insane, nerd, nerds, lunatic, metal head), exclamations (holy ahhh..., yes queen, oh no, whatever, what the..., oy vey), 13 religious exclamations (Oh My God, Jesus, Oh God).

SUBSTANCE USE - Two people drink a cocktail and spit it out (it tastes bad), a man drinks several cocktails and acts drunk later.

DISCUSSION TOPICS - Friendship, cheating, self-reflection, courage, trust, heroism, sacrifice, fear, doubting oneself.

MESSAGE - We actually only have one life and shouldn't waste it.



Any basic option?

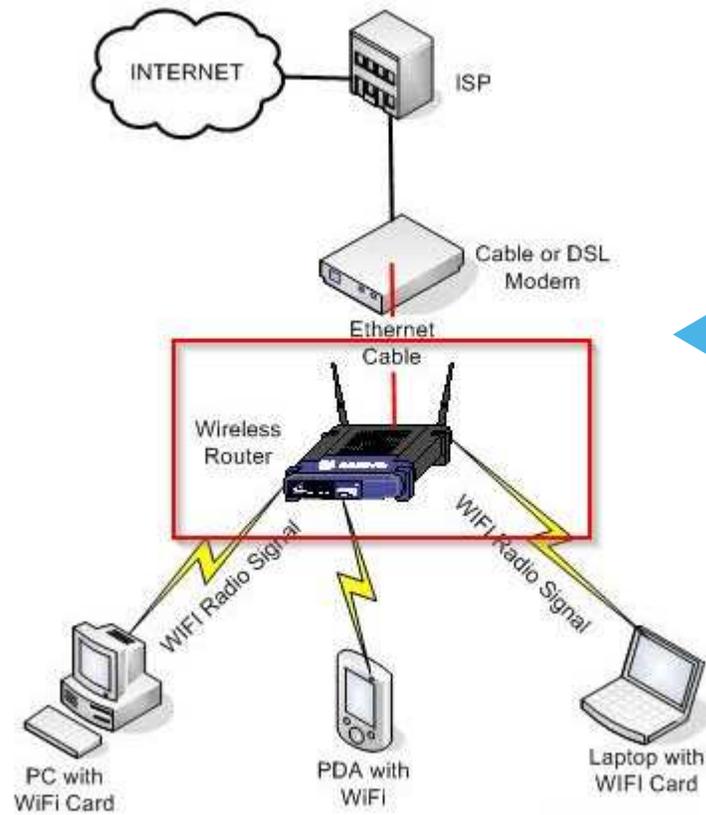
Easy Protection

Beginner

- **Unplug the internet router at night**
- **It helps to keep the computers, tablets and phones in a family room not in the child's bedroom.**
- **As yourself, do my kids really need data on their cell phones ?**

How to do it?

Beginner



Unplug the cable at night

Easy Protection

Beginner

Advantages

- **Easy to do, doesn't need any IT skills**

Disadvantages

- **No Internet Filtering**
- **No automatic scheduling for access control**
- **Only works at home**



Resources

1. Circle Disney (<https://meetcircle.com/>)
2. McAfee Family Safe (<https://family.mcafee.com/>)
3. OpenDNS (<https://www.opendns.com/home-internet-security/>)
4. Blocking Pornography on Android devices
(<https://www.wikihow.com/Block-Porn-on-Android>)
5. Blocking Pornography on Apple devices
(https://www.youtube.com/watch?v=Bjk_YLMQPeM&feature=youtu.be)
6. How do I set parental controls on my Netflix account?
(https://help.netflix.com/en/node/264?ui_action=kb-article-popular-categories)
7. Best parental control software of 2018
(<https://www.pcmag.com/article2/0,2817,2346997,00.asp>)

Disclaimer

- ❑ **This is a best effort service and we are not claiming to be experts in this field.**
- ❑ **What if you need support to install any of this services? Try to contact the support number of the service you decided to install.**
- ❑ **There is no perfect solution (Filtering apps don't filter content within the app itself, ..etc)**
- ❑ **Software's keep changing and they are updated frequently so some of the features mentioned can change or new features to be added in few months from now**